

**MINUTES**  
**MASSACHUSETTS BOARD OF REGISTRATION IN MEDICINE**  
**MEDICAL SPA TASK FORCE**

**March 28, 2007**

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**PRESENT**

**Task Force Members**

*Boards:*

Nancy Achin Audesse, Board of Registration in Medicine  
Gino Chisari, RN, Board of Registration in Nursing  
Barbara Kellman, JD, Board of Registration in Nursing  
Kathe Mullally, JD, Board of Cosmetology  
Catherine Hinds, Board of Cosmetology

*Legislature:*

Kevin Conlon (on behalf of Senator Joan Menard)  
Jennifer Infurna, Representative Koutoujian staff

*Appointees:*

Stephanie Cogliano, RE  
Jeffrey Dover, MD  
Faye Marie Jenkins, RN  
Karen McKoy, MD  
Dianne Quibell, MD  
Winifred Nee Tobin, Consumer  
Jagruti Patel, MD

**Board Staff**

Russ Aims, Board of Registration in Medicine  
Brenda Beaton, JD, Board of Registration in Medicine  
Fallon Onufrak, Board of Registration in Medicine

**Guests**

An Hinds, President/CEO, Catherine Hinds Companies

**1. Welcome, Goals for Today's Discussion**

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Nancy Achin Audesse, the Executive Director of the Board of Registration in Medicine called to order the meeting of the Medical Spa Task Force. Ms. Achin Audesse began the meeting by introducing the newest member of the Task Force, Dr. Jagruti Patel, a plastic surgeon who is donating time and expertise to the Task Force. Today the Task Force will hear presentations from fellow members Kathe Mullally, Chief Legal Counsel of the Division of Professional Licensure and Stephanie Cogliano, R.E., and a presentation from An Hinds, President and CEO of Catherine Hinds Companies.

With regards to the issue of scheduling, Mr. Aims would like everyone to think about having two meetings in the month of May to help swiftly reach the goal of the Task Force.

## **2. Approval of Minutes**

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Ms. Achin Audesse brought forth a motion to approve the minutes of the February 28, 2007 Task Force meeting.

Mr. Chisari had comments on page four in the first paragraph. He asks that there be a change from “the important function” to “an important function.” Also, he wishes that the word “training” be changed to “education.” He also wishes that the word “promotes” would be changed to “serves as.”

The motion to approve meeting minutes of February 28, 2007 was then approved.

## **3. Presentation by Kathe Mullally, Chief Legal Counsel, Division of Professional Licensure**

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Ms. Mullally’s presentation focuses on the involvement of the Division of Professional Licensure’s (DPL) involvement in the Task Force’s goals. The presentation will define each of the disciplines being performed by licensees of the Boards of Cosmetology and Electrology in Medical Spas, describe the scope of practice for DPL’s licensees, and recommendations regarding new licensure requirements including training and exams and practice requirements in medical spas for DPL licensees.

Ms. Mullally presented the Task Force with a list of proposals of recommendations for the Legislature on what DPL would like to be the final outcome of the Task Force. She passed out a binder that includes all the information that she would like Task Force members to review that involves the licensure of professionals licensed under DPL.

The binder incorporated several articles and documents including:

1. A comprehensive list of glossary terms
2. An outline of medical spa devices
3. Definitions and scope of practice of manicurists, aestheticians and cosmetologists
4. Steps to become a cosmetologist

5. Recommendations for statutory and regulatory changes from the Board of Cosmetology
6. Regulation filing and publications of the Board of Registration of Cosmetology
7. Definitions and scope of practice of Electrologists
8. Steps to become an Electrologist
9. Electrology continuing education requirements
10. Board of Electrology's recommendations for statutory and regulatory changes
11. Regulation Filing and Publication from the Board of Electrology
12. Article from DPL "Important Notice Regarding Laser Hair Removal"
13. State Laser Use

Ms. Mullally presented a PowerPoint presentation defining the regulations and scope of practice of each of manicurists, aestheticians and cosmetologists, all licensed under DPL.

The Task Force went into discussion of definitions and scope of practice of manicurists, aestheticians and cosmetologists, and into further discussion of the regulations and problems that may encounter when regulating certain types of procedures and the training of the procedures, especially procedures such as laser hair removal.

The Task Force was in agreement that there needs to be a regulation increasing the training of licensed professionals performing these procedures.

#### **4. Presentation by Stephanie Cogliano, R.E.**

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Ms. Cogliano has been a licensed electrologist in the state of Massachusetts for the past 32 years. For the past five years, she has incorporated laser hair removal into her practice. Her presentation today is to advocate for the highly trained and qualified Massachusetts electrologists that perform laser and light based therapies for hair removal.

Massachusetts has the highest education requirements and the strictest rules and regulations in the country regarding the practice of electrology. The current requirements include 1100 hours of training containing 500 didactic hours and 600 clinical training hours.

Massachusetts electrologists perform only the business of hair removal and their practices focus only on permanent hair removal procedures. The training that is required by Massachusetts to become a licensed electrologist allows electrologist to understand the affects of laser light on human skin tissue.

Ms. Cogliano shared her experience adding laser hair removal to an electrology practice, and gave examples of some of the training that she endured to become licensed.

Ms. Cogliano offered recommendations to the Task Force for standards to provide safe and effective protocols for applying laser and light based therapies for hair removal:

1. Laser physics and safety training
2. Laser training from laser manufacturer
3. Continuing education requirements to keep up with the ever changing technology
4. Standardized procedures and protocols for providing safe treatments
5. Quality control on laser equipment
6. Patient medical history and consent forms
7. Malpractice insurance

Ms. Cogliano affirms that with the experience that she acquired over the past five years, that licensed Massachusetts electrologist are able to safely perform laser hair removal procedures and are the most qualified to perform these procedures.

## **5. Presentation by An Hinds, President/CEO, Catherine Hinds Companies**

The Catherine Hinds Institute was founded in 1979 by Catherine Hinds and was one of the first aesthetic schools to be accredited. The Catherine Hinds Institute is an advocate of the consumer, and trains its students to be advocates of the consumer. They graduate students from all over the country and even international students. More than half of the students are over the age of 25, making the student population a mature adult populace who has on average had at least two years of college education prior to beginning their studies at the Catherine Hinds Institute. The graduates complete their studies with a minimum of 600 hours of training.

The Catherine Hinds Institute is licensed as an esthetic school by the Board of Cosmetology. It is recognized by the Board of Education which enables the institute to award Title Four funds to students.

Graduates can choose the paths to study a basic esthetic program, advanced esthetic program or pursue a master esthetic program. The advanced esthetic program requires 600 hours of training and focuses on the health of facial tissue. The master esthetician program requires 900 hours of training, and at that point, the students may begin training on microderm abrasions.

The students train for laser hair removal procedures for 60 hours and use other Catherine Hinds students as testers. The Institute is the only school in country to train in this way. As a recommendation, Ms. Hinds would appreciate support for increasing hours for training estheticians. Ms. Hinds thinks it needs to be increased and the licensed estheticians would benefit from the increased training.

Ms. Achin Audesse and Dr. Quibell gave Catherine Hinds special recognition for her reputation in the industry, and applause for being a leader in esthetician training.

## **6. Discussion**

The group had a substantive discussion regarding the next steps that need to be taken in order to complete the overall goal of the Task Force and the recommendations that will be given to the Legislature. The group discussed the glossary list of terms that Ms. Mullally provided earlier in the Task Force meeting and agreed that some of the terms on the list need to be edited.

Dr. Patel brought up the issue of recertification which led the group into discussion of the training that is needed to recertify professionals that have been certified years prior and have not had sufficient training to be brought up to date with current standards of practice and technology.

Ms. Achin Audesse brought up the point that serving the public to ensure the safety of the patient/consumer is the overall goal of the Task Force. She asks the Task Force members to constantly be keeping the best interest of the public in their minds when compiling the Task Force's recommendations for Legislature.

The Task Force had a further question and answer period which resulted in substantive discussion regarding time line of events, recommendations for Legislature, and recommendations for training requirements.

## **7. Next Steps**

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The Task Force was in agreement that there is still a lot of work to be done before a final product of recommendations can be presented to the Legislature. Mr. Aims will distribute PowerPoint presentations, and work that has been completed by members of the Task Force so that the members will have time to reflect on the work that their peers have accomplished. Ms. Achin Audesse asked the Task Force to look at the statutory changes the Task Force requires to complete their goal so they can begin compiling their work together and speaking to the Legislature.

**The next meeting of the Medical Spa Task Force is tentatively scheduled for Wednesday, April 25, 2007 from 8:00-11:00 am.**