

-DRAFT- MINUTES
MASSACHUSETTS BOARD OF REGISTRATION IN MEDICINE
MEDICAL SPA TASK FORCE

February 28, 2007

PRESENT

Task Force Members

Boards:

Nancy Achin Audesse, Board of Registration in Medicine
Gino Chisari, RN, Board of Registration in Nursing
Barbara Kellman, JD, Board of Registration in Nursing
Kathe Mullally, JD, Board of Cosmetology
Catherine Hinds, Board of Cosmetology

Legislature:

Senator Joan Menard
Jennifer Infurna (on behalf of Representative Peter Koutoujian)

Appointees:

Stephanie Cogliano, RE
Faye Marie Jenkins, RN
Karen McKoy, MD
Dianne Quibell, MD

Absent:

Winifred Nee Tobin, Consumer
Jeffrey Dover, MD

Board Staff

Russ Aims, Board of Registration in Medicine
Brenda Beaton, JD, Board of Registration in Medicine
Fallon Onufrak, Board of Registration in Medicine

Guests

Ranella Hirsch, M.D., Chair of the Scope of Practice Committee for the American Society of Dermatologic Surgery and President-Elect of the American Society of Cosmetic Dermatology and Aesthetic Surgery.

1. Welcome, Scheduling, Goals for Today's Discussion, Glossary Terms

Ms. Nancy Achin Audesse, Executive Director of the Board of Registration in Medicine called to order the Medical Spa Task Force meeting with a discussion of the goals of the group in relation to the glossary terms. Ms. Achin Audesse expressed to the Task Force members that it will be helpful to take a look at the glossary list of terms and see if the list is coming together in a way that makes sense to everyone. She asked everyone to e-mail any comments they may have to Mr. Russ Aims. The Task Force has a long term goal of merging the terms gathered from the Division of Licensure, and the terms developed by members of the Task Force and compiling a single glossary list of terms to diminish the differences between the two sets of glossary terms. Ms. Achin Audesse expressed her hope to getting the scope of the “what” of the “who,” “what,” “where,” and “how” in today’s meeting by looking at the glossary. Mr. Aims added that he would appreciate Task Force members to inform him of any comments or additions to the glossary terms so that there will be a final draft ready for review at the next meeting.

The Task Force reviewed the schedule for upcoming Task Force meetings. The members came to the decision that the next Medical Spa Task Force meeting will be held on March 28, 2007 instead of the previously scheduled date of March 14, 2007.

Mr. Aims reminded the group that according to Chapter 81 of the Acts of 2006, on May 12, 2006 an act was passed establishing the Task Force within the Board of Medicine, and that the Task Force has 12 months from May 12th to submit their report, draft standards or regulations. He set a timeline for completing any reports that the Task Force establishes by the end of May so that he will be able to review and make corrections before submission.

Mr. Chisari offered a suggestion regarding the readability of the glossary terms. He felt that having a better knowledge of the science behind the definitions would help him, and the group as a whole to understand how the process of the definitions at a scientific level affects the patient’s safety. Dr. Quibell offered to prepare a thirty minute presentation to explain the science behind the procedures, and also give the members of the Task Force a better look at the “how,” while simultaneously examining the “who” of these procedures. This presentation will help those involved in the Task Force understand who is qualified to perform these types of procedures by seeing how the procedures are specifically done and the risks associated with the procedures.

2. Approval of Minutes

The Task Force Members were e-mailed the minutes of January 17, 2007 and asked to review for comments and questions. Ms. Achin Audesse brought forth a motion to approve the minutes.

The motion to accept the Meeting Minutes of January 17, 2007 was accepted.

3. Presentation by Ranella Hirsch, M.D.,

Dr. Ranella Hirsch is the Chair of the Scope of Practice Committee for the American Society of Dermatologic Surgery and President-Elect of the American Society of Cosmetic Dermatology and Aesthetic Surgery. Dr. Hirsch is a board certified dermatologist, and is passionate about patient safety and awareness in the field of esthetics. Dr. Hirsch spoke in detail about injectables and laser treatments that, while are common procedures, are still medical procedures, and can be problematic if not performed correctly. A good majority of patients that are physically scarred by botched procedures go underground because they are so ashamed of what they look like. Dr. Hirsch urges those who go through similar experiences to come out from underground and tell people what they are going through to educate potential patients on the possible effects of these procedures.

Dr. Hirsch explained to the task force that complications are the “way of the beast,” and she, as everyone, has experienced complications in their practice. However, it is good practice to be aware of the complications and the effect they will have on the patient. She explains that technique is the biggest source of the problem in esthetic procedures, as the skin is not a static organ, and it changes constantly, so there is potential for several complications if one is not properly trained to work with the skin.

Dr. Hirsch showed a dramatic slideshow that consisted of pictures of botched esthetic procedures including laser procedures and intense pulse light, heat procedures that will leave a lasting effect on the patient. Although these pictures are not available for public viewing, Dr. Hirsch’s PowerPoint presentation is available for reference along with the minutes.

Dr. Hirsch wishes to bring across the point through her presentation that you can not make risk nothing, but you can reduce the risk by training people and having trained professionals present while the procedures are being performed. The group went into discussion about how supervision during these procedures is one of the most important factors affecting the success rates of the procedures.

Several complications that are seen from these procedures are due to lack of training, improper use of the tools, and lack of supervision. The majority of complications happen when people are not trained and not supervised. We are only aware of a few of these cases (as illustrated in the presentation), because so many people with the problems go underground and hide from society.

4. Presentation by Gino Chisari, R.N., Practice Coordinator, Board of Registration in Nursing

Gino Chisari, R.N. began his presentation with a brief introduction to the Board of Registration in Nursing (BORN) and the Board’s general mission for existence of

protection of the public. The members of the Board of Nursing have a high value of protecting the public from substandard nursing care.

The most important function of the BORN is to approve and monitor nursing education. As practice coordinator for BORN, Mr. Chisari ensures that those who practice nursing are qualified and remain competent throughout their career in nursing.

Mr. Chisari explained to the Task Force that nursing practice requires substantial knowledge of nursing theory that can only be learned in board approved programs. He went into significant discussion about the training of registered nurses and how their education promotes the independent practice of nursing. All registered nurses take pledge to the public and receive a mandate from the legislature promising that they will take responsibility for their individual actions.

The Task Force once again engaged in discussion regarding onsite supervision of esthetic procedures, and how the most important factors ensuring high quality performance is education and supervision.

Mr. Chisari presented a PowerPoint presentation that will be available for viewing along with the minutes.

5. Next Steps and Questions

An Hinds, President of the Catherine Hinds Institute commented that today's presentation was a very dramatic representation of what can go wrong with esthetic procedures. The pictures that were shown represented work done by untrained people, but did not touch upon the well trained estheticians. Estheticians are very well trained and many people make their living by doing a great job on these procedures and helping people look and feel better about themselves.

Ms. Achin Audesse ended the Task Force meeting with some closing comments about how pleased she is that this Task Force is focusing more about patient safety than people worried about their jobs, which she views as a successful element of the Medical Spa Task Force.

The next meeting of the Medical Spa Task Force is tentatively scheduled for Wednesday, March 28, 2007 from 8:00-11:00 am.